

**Note:** to **SET** any function, the **Digit(s)** that you want to set **MUST BE FLASHING**.

**TIME & CALENDAR:** Set hour, minutes, seconds & date.

**Press the “MODE” button** to rotate to the “TIME” screen.

**Hold down the “SET” button** to start the flashing of Hour Digit(s).

**Use the “ST/STP” button** to set the hour.

Press the “MODE” button to go to Minute Digit(s) flashing.

Use the “ST/STP” button to set the minutes.

Continue to set Seconds, Month, Day of the Month & Year by using the “MODE” & “ST/STP” buttons as above.

**Press the “SET” button** to save settings.

**TO VIEW DATE:** Press “ST/STP” button while in “TIME” screen.

**ALARMS:** Up to 12 Alarms can be set.

**Press the “MODE” button** to rotate to the “ALM” screen.

**Hold down the “SET” button** to start the flashing of Alarm Number Digit(s).

**Use the “ST/STP” button** to select the alarm you would like to set (“01” – “12”).

**Press the “MODE” button** to go to the Hour Digit(s) flashing.

**Use the “ST/STP” button** to set the hour.

Press the MODE button to go to Minute Digit(s) flashing.

Use the “ST/STP” button to set the minutes.

Press the “SET” button to save settings, **OR**

**TO ADVANCE to the next alarm**, press the “MODE” button while the minutes are flashing and then press the “ST/STP” button.

**COUNTDOWN TIMER:** Set up to 23 hours, 59 minutes & 59 seconds. Set to have Countdown Repeat each time it reaches zero or stop.

**Press the “MODE” button** to rotate to the “TMR” screen.

**Hold down the “SET” button** to start the flashing of Hour Digit(s).

**Use the “ST/STP” button** to set the hour.

Continue to set minutes & seconds using the “MODE” & “ST/STP” buttons as above.

**Press the “MODE” button and REP** will show on the screen with the Digit(s) flashing of “ON” or “- -” for off.

**Use the “ST/STP” button** to Select On or Off.

**Press the “SET” button** to save settings,

**OPTIONS:** Set Vibration, Sound or Both

**Press the “MODE” button** to rotate to the “OPT” screen.

**Hold down the “SET” button** and “VIB” will show on the screen with Digit(s) flashing of “ON” or “- -” for off.

**Use the “ST/STP” button** to Select On or Off.

**Press the “MODE” button** and “SND” will show on the screen with the Digit(s) flashing of “ON” or “- -” for off.

**Use the “ST/STP” button** to Select On or Off.

**Press the “MODE” button** and “BUTN” will show on the screen with the Digit(s) flashing of “ON” or “- -” for off.

**Use the “ST/STP” button** to Select On or Off.

**Press the “SET” button** to save settings,

**LOCK OUT FEATURE:**

Stops accidental changes to programmed settings.

**Push “MODE” and “SET” buttons at the same time** while in “TIME” screen to lock.

Repeat to unlock.

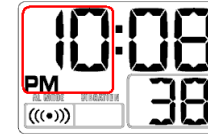


**TIME MODE**

- ✓ Program and view hour, minutes, seconds and date.
- ✓ View date by pressing “ST/STP” button. Screen will automatically return to TIME.

**Time Mode Programming Instructions:**

- 1) Press the “MODE” button to rotate to the TIME Mode screen.
- 2) Hold down the “SET” button. The hour Digit(s) will be flashing.
- 3) Use the “ST/STP” button to set the hour. “PM” will be displayed at the left of the screen when the hour is set for PM. If the hour is set for AM, the box will be empty.
- 4) Press the “MODE” button. The minute Digit(s) will be flashing.
- 5) Use the “ST/STP” button to set the minutes.
- 6) Press the “MODE” button. The second Digit(s) will be flashing.
- 7) Use the “ST/STP” button to reset the seconds to zero (00) if necessary.
- 8) Press the “MODE” button. The month will be flashing.
- 9) Use the “ST/STP” button to set the month. (1-12)
- 10) Press the “MODE” button. The day of the month will be flashing.
- 11) Use the “ST/STP” button to set the day of the month. (1-31)
- 12) Press the “MODE” button. The numbers of the YEAR will be flashing.
- 13) Use the “ST/STP” button to set the year.
- 14) Press the “SET” button to save settings.



**Note:** When setting the Time Mode, if programming is interrupted and no button is pushed within 2 ½ minutes, the flashing will stop and the settings that are shown on the screen will be held. Finish programming by repeating steps 1 and 2 and rotating through the other steps to complete as needed.

**ALARM MODE:**

- ✓ Program up to twelve daily alarms.

- ✓ Alarms will respond with the alert (Vibrate, Sound or both) that has been set in the OPTION MODE.
- ✓ Alerts are approximately twenty seconds in duration before stopping automatically. Activated alerts can be stopped manually by pushing the “ST/STP” button once (to conserve battery).
- ✓ Programmed alarm times will go off daily based on the Time set in the TIME Mode.

### Alarm Mode Programming Instructions:

- 1) Press the “MODE” button until “ALM” is displayed at the top of the screen. After approximately two seconds “OFF” will be displayed. (or if an alarm time was previously set, that set time will show on the display.
- 2) Hold down the “SET” button until the number in the box at the bottom right of the screen flashes.
- 3) Use the “ST/STP” button to select the alarm you would like to set (“01” –“12”).
- 4) Press the “MODE” button. The hour Digit(s) will be flashing.
- 5) Use the “ST/STP” button to set the hour.



**Note:** “PM” will be displayed at the left of the screen when the hour is set for PM. When the hour is set for AM, the box will be empty.

- 6) Press the “MODE” button. The minute Digit(s) will be flashing.
- 7) Use the “ST/STP” button to set the minutes.
- 8) Press the “SET” button to save settings, OR to advance to the next alarm, press the “MODE” button while the minutes are flashing and then press “ST/STP” button. Repeat steps 4 through 8.

**Note:** When setting the times in Alarm Mode, if programming is interrupted and no button is pushed within 2 ½ minutes, the flashing will stop and the settings that are shown on the screen will be held. The screen will return to Time Mode automatically. Reset as necessary.

### Turning Alarms On/Off:

- 1) Press the “MODE” button until “ALM” is displayed at the top of the screen. After approximately two seconds the last viewed alarm will be displayed.
- 2) Use the “SET” button to select the alarm you would like to turn on/off.

- 3) Use the “ST/STP” button to turn off or on the selected alarm.

**Note:** When the alarm is on, the alarm time will be displayed. When the alarm is off, “OFF” is displayed at the top of the screen.

**Note:** To deactivate or re-activate **ALL** Alarms, see **OPTION Mode Programming Instructions** and select **OFF** or **ON** for **Vibration and Sound**.



### COUNTDOWN TIMER MODE:

- ✓ Program a countdown time up to 23 hours, 59 minutes and 59 seconds.
- ✓ When the countdown reaches zero (0:00 00) the alert(s) that are set (Vibrate, Sound or Both) will activate for twenty seconds and stop automatically. Activated alert can be stopped manually by pushing the “ST/STP” button once (to conserve battery)
- ✓ REPEAT option can be turned “ON or “OFF”.  
When REPEAT is turned “ON”, the programmed countdown time will automatically repeat each time it reaches zero (0:00 00).

### Countdown Timer Programming Instructions:

- 1) Press the “MODE” button until “TMR” is displayed at the top of the screen.
- 2) Hold down the “SET” button until the hour Digit(s) flash.
- 3) Use the “ST/STP” button to set the hour.
- 4) Press the “MODE” button. The minute Digit(s) will be flashing.
- 5) Use the “ST/STP” button to set the minutes.
- 6) Press the “MODE” button. The second Digit(s) will be flashing.
- 7) Use the “ST/STP” button to set the seconds.
- 8) Press the “MODE” button. “REP” (for Repeat) will be displayed at the top of the screen and “ON” or “- -” for off will be flashing in the box at the bottom right.
- 9) Use the “ST/STP” button to select REPEAT “ON” or “- -” for OFF.
- 10) Press the “SET” button to save settings.



**Note:** When setting the Countdown Timer(s), if programming is interrupted and no button is pushed within 2 ½ minutes, the flashing will stop and the settings that are shown on the screen will be held. Finish programming by repeating Step 2 and continue as needed. Countdown Time will remain on the display. Press the “MODE” button to rotate to Time Mode when wanted.

### Starting/Stopping the Countdown Timer:

- 1) While in the Countdown Mode Screen, press the “ST/STP” button to start the countdown. The countdown timer icon located under the Hour Digit(s) on the screen will be flashing.
- 2) Press the “ST/STP” button to stop the countdown. The time remaining will be displayed.  
**Note:** When Countdown time is set to REPEAT and the alert is currently activated, press the “ST/STP” button twice to stop the countdown.
- 3) Press the “ST/STP” button to resume counting down.



### Quick Reset of Original Countdown Time:

- 1) Hold down “SET” button until previously programmed countdown time is displayed on the screen.
- 2) Press “ST/STP” button to restart at previously set time.

### OPTION MODE:

- ✓ VIBRATION and SOUND alerts can be turned “ON” or “OFF”. The alerts that are turned ON will be activated by the preset Daily Alarms, Countdown Timer and Button push.  
**Note:** Button Push Alerts, when set “ON”, will indentify the current alert setting (vibration, sound or both) each time the “MODE” button is pressed. This allows a quick check to confirm current alert functions. Button alerts will provide easy monitoring to determine if enough battery power remains to power the Vibration and Sound alerts.

### Option Mode Programming Instructions:

- 1) Press the “MODE” button until “OPT” is displayed at the top of the screen. After approximately two seconds “VIB” for Vibration will be displayed.
- 2) Hold down “SET” button until “ON” or “- -” for OFF is flashing in box at bottom right.
- 3) Use the “ST/STP” button to turn vibration “ON” or “OFF”.



- 4) Press the “MODE” button. “SND” for Sound will be displayed at the top of the screen. “ON” or “- -” for OFF will be flashing in the box at the bottom right.
- 5) Use the “ST/STP” button to turn sound “ON” or “OFF”.
- 6) Press the “MODE” button. “BUTN” will be displayed at the top of the screen. “ON” or “- -” for off will be flashing in the box at the bottom right.
- 7) Use the “ST/STP” button to turn Button signal “ON” or “OFF”.
- 8) Press the “SET” button to save settings.

**Note:** When setting the features in Option Mode, if programming is interrupted and no button is pushed within 2 ½ minutes, the flashing will stop and the settings that are shown on the screen will be held. Screen will return to Time Mode automatically. Reset as necessary.

### **Quick Viewing of Current Option Mode Settings:**

- 1) Press the “MODE” button until “OPT” is displayed at the top of the screen. After approximately two seconds “VIB” will be displayed. If vibration is currently turned on, “ON” will be displayed at the bottom of the screen. If turned off, “- -” will be displayed.
- 2) Press “ST/STP” button repeatedly to view other current option mode settings. (“SOUND”, “BUTTON”)

### **LOCK OUT FEATURE:**

- ✓ Lock Out the usage of “MODE”, “ST/STP” and “SET” buttons after programming is completed. In lock mode, time, countdown and alarms settings cannot be changed accidentally.
- ✓ Date viewing does not show in this mode.
- ✓ Manual stop of Alerting Signal (to conserve battery) by pushing a button will still function.

Push “MODE” and “SET” buttons at the same time while in TIME Mode to Lock or Unlock. When Lock Out is activated, the lock icon will show on the screen.



## **EL LIGHT: (DISPLAY BACK LIGHT)**

Press the "LIGHT" button to turn on the backlight. Light will stay on for approximately 3 seconds and then turn off automatically if another button is not pushed. Light will continue to stay on while any other button is pushed within 3 seconds.

## **BATTERY:**

Standard 3 volt lithium CR1632 is required. We recommend the Battery be replaced by a qualified person to maintain water resistance. Battery may be replaced by consumer providing care is taken to re-install O ring properly for water resistance. A small screw driver (Phillips size 00) is required to remove 6 small screws.

Full Instructions available on [www.vibrallite.com](http://www.vibrallite.com)

Battery Life will vary depending on daily usage of Vibration & Sound on Alarms and Countdown Timer and use of EL Light. Examples: Estimated Battery Life is up to 2 years if 20 second vibration is used once daily and would be approximately 2 1/2 months if 20 second vibration is used 12 times daily.

## **IMPORTANT PRECAUTIONS:**

VibraLITE watches are not intended to be worn during swimming, diving or in the shower.

## **ONE YEAR LIMITED WARRANTY:**

Your Vibra LITE Mini is warranted to be free from defects in material or workmanship for One Year from the date of purchase. We recommend that you retain your original sales slip as your proof of purchase date.

This is a limited warranty and covers watch functions only. This warranty does not apply to the battery, band, case or crystals since such items are subject to wear and tear of daily use. The warranty is void if the watch has been tampered with, altered, abused, or subjected to extreme conditions for which it was not designed, or repaired other than by a qualified service center. During the warranty period, return the watch, with dated proof of purchase, in a secure package, insured and with shipping charges prepaid. No C.O.D. packages will be accepted. Please include a note describing detailed reason for return, your return address and include \$10.00 (check, money order, Visa, Master Card, American Express or Discover) for shipping and handling in the USA. Other countries please contact us for pricing.



**SERVICE:**

Before sending your watch for service, have the battery checked and/or try resetting by pushing all 4 buttons at the same time until the display clears. Reset by pushing all 4 buttons again and re-program.

**OUT OF WARRANTY SERVICE:**

Follow the same procedure for shipping to us as you would for warranty service. Be sure to include a description of the reason for return. Before any work is performed, an estimate will be submitted for your approval for any parts and labor not covered by the warranty.

**DISCLAIMER:**

In no event shall Global Assistive Devices, Inc. be held liable for any special, incidental, indirect or consequential damage whatsoever including, but not limited to, damages for loss of property, personal injury, loss of privacy, failure to meet any duty, negligence and any other loss whatsoever, however caused, even if Global has been advised of the possibility of such damages. This disclaimer of liability applies to any damages or injury, including but not limited to those caused by any failure of performance of the product. Responsibility for selection, safety and suitability of any product rests with the consumer. Circumstances or consequences arising out of or in any way related to the use of or inability to use our products is the responsibility of the consumer. Global Assistive Devices, Inc. cannot be held liable in any way.

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